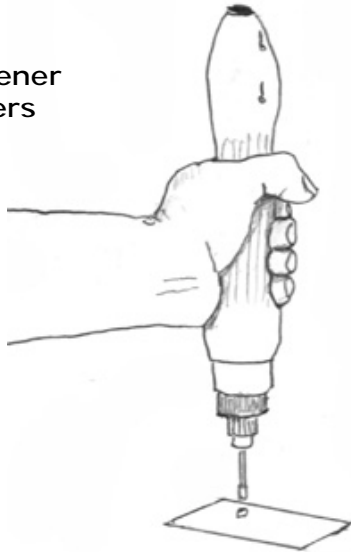


Use power tools instead of hand tools Reduces high hand force – repetition

Fastener
drivers



Buffers, polishers
and sanders



Power
ratchets



Other benefits:

- Because the tool does most of the work, it can reduce repetitive motions and hand force.
- Even though using power tools still requires some grip force and vibration exposure, they are almost always faster than hand tools, so the duration of exposure is reduced.

Note: Look for low vibration tools, and consider using a tool support for heavy power tools. Also, consider renting or leasing infrequently used power tools.